


Maine Shared Community Health Needs Assessment County Summary: 2015

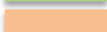
Penobscot County

November 2015

Maine Shared CHNA Health Indicators	Penobscot	Trend	Maine	U.S.
Demographics				
Total Population	153,364		1,328,302	319 Mil
Population – % ages 0-17	18.8%		19.7%	23.3%
Population – % ages 18-64	65.2%		62.6%	62.6%
Population – % ages 65+	16.0%		17.7%	14.1%
Population – % White	95.4%		95.2%	77.7%
Population – % Black or African American	0.9%		1.4%	13.2%
Population – % American Indian and Alaska Native	1.2%		0.7%	1.2%
Population – % Asian	1.0%		1.1%	5.3%
Population – % Hispanic	1.2%		1.4%	17.1%
Socioeconomic Status Measures				
Individuals living in poverty	17.0%	NA	13.6%	15.4%
Children living in poverty	20.8%	NA	18.5%	21.6%
High school graduation rate	86.9%	NA	86.5%	81.0%
Unemployment rate	6.2%	NA	5.7%	6.2%
65+ living alone	40.5%	NA	41.2%	37.7%
General Health Status				
Adults who rate their health fair to poor	18.3%		15.6%	16.7%
Adults with 14+ days lost due to poor mental health	13.8%		12.4%	NA
Adults with 14+ days lost due to poor physical health	14.0%		13.1%	NA
Adults with three or more chronic conditions	29.7%		27.6%	NA
Access				
Adults with a usual primary care provider	86.4%		87.7%	76.6%
MaineCare enrollment	29.2%	NA	27.0%	23.0%
Percent uninsured	10.6%	NA	10.4%	11.7%
Health Care Quality				
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,981.9		1,499.3	1457.5
Oral Health				
Adults with visits to a dentist in the past 12 months	63.8%	NA	65.3%	67.2%
Respiratory				
Asthma emergency department visits per 10,000 population	55.5	+	67.3	NA
COPD hospitalizations per 100,000 population	307.1	-	216.3	NA
Current asthma (Adults)	13.4%		11.7%	9.0%
Current asthma (Youth 0-17)	10.9%†	NA	9.1%	NA
Cancer				
Mortality – all cancers per 100,000 population	189.4	NA	185.5	168.7
Mammograms females age 50+ in past two years	85.4%	NA	82.1%	77.0%
Colorectal screening	72.7%	NA	72.2%	NA
Pap smears females ages 21-65 in past three years	89.0%	NA	88.0%	78.0%
Cardiovascular Disease				
Hypertension prevalence	33.5%		32.8%	31.4%
High cholesterol	42.1%		40.3%	38.4%
Diabetes				
Diabetes prevalence (ever been told)	10.3%		9.6%	9.7%
Pre-diabetes prevalence	7.1%		6.9%	NA
Adults with diabetes who have had an A1C test twice per year	78.1%	NA	73.2%	NA
Environmental Health				
Children with confirmed elevated blood lead levels (% among those screened)	1.6%	NA	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	2.1%	NA	4.2%	NA
Homes with private wells tested for arsenic	35.5%	NA	43.3%	NA

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Immunization				
Adults immunized annually for influenza	44.2%		41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	77.0%		72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	2.9%	NA	3.7%	NA
Infectious Disease				
Hepatitis B (acute) incidence per 100,000 population	0.7†	NA	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	4.6†	NA	2.3	0.7
Lyme disease incidence per 100,000 population	32.6	NA	105.3	10.5
Pertussis incidence per 100,000 population	63.2	NA	41.9	10.3
STD/HIV				
Chlamydia incidence per 100,000 population	350.0	NA	265.5	452.2
Gonorrhea incidence per 100,000 population	11.7†	NA	17.8	109.8
Intentional Injury				
Nonfatal child maltreatment per 1,000 population	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	15.3	NA	15.2	12.6
Unintentional Injury				
Unintentional and undetermined intent poisoning deaths per 100,000 population	11.1	NA	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	303.3	NA	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	10.0	NA	10.8	10.5
Mental Health				
Adults who have ever had anxiety	21.8%		19.4%	NA
Adults who have ever had depression	25.8%		23.5%	18.7%
Co-morbidity for persons with mental illness	33.6%	NA	35.2%	NA
Physical Activity, Nutrition and Weight				
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	25.8%		22.4%	25.3%
Obesity (Adults)	32.4%		28.9%	29.4%
Obesity (High School Students)	14.8%		12.7%	13.7%
Overweight (Adults)	36.7%		36.0%	35.4%
Overweight (High School Students)	15.9%		16.0%	16.6%
Pregnancy and Birth Outcomes				
Infant deaths per 1,000 live births	6.6	NA	6.0	6.0
Live births for which the mother received early and adequate prenatal care	90.9%	NA	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	18.2	NA	20.5	26.5
Low birth weight (<2500 grams)	6.3%	NA	6.6%	8.0%
Substance and Alcohol Abuse				
Binge drinking of alcoholic beverages (Adults)	16.2%		17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	16.0%	NA	7.8%	NA
Past-30-day alcohol use (High School Students)	28.1%		26.0%	34.9%
Past-30-day marijuana use (High School Students)	21.0%		21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	1.4%†		1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	6.3%		5.6%	NA
Tobacco Use				
Current smoking (Adults)	22.5%		20.2%	19.0%
Current tobacco use (High School Students)	19.6%	NA	18.2%	22.4%

 Indicates county is significantly better than state average (using a 95% confidence level).

 Indicates county is significantly worse than state average (using a 95% confidence level).

+ Indicates an improvement in the indicator over time at the county level (using a 95% confidence level)

– Indicates a worsening in the indicator over time at the county level (using a 95% confidence level)

† Results may be statistically unreliable due to small numerator, use caution when interpreting.

NA = No data available